About PA

Project Adventure (PA) is a non-profit organization founded in 1971. It began with the invention of cooperative games, the development of team building initiatives, and the construction of the first ropes course built in a school environment to make a positive difference in the lives of their students.

Through the activities, focused reflection, communities of learners became motivated to achieve both academic and social emotional growth. The Full Value Commitment and Challenge by Choice became foundational concepts to advance experiential education and achieve positive and lasting change in communities.

Mission

To create and facilitate shared learning experiences that empower individuals and communities to make positive change.

Vision

Every student is a member of a socially responsible community that supports a growth mindset for positive change.

Contact Us

info@pa.org

978.524.4500

www.pa.org

719 Cabot Street
Beverly, MA 01915

Strengthening Sports Teams

Build skills at practice.

Build teams with Project Adventure.
Leadership

For Coaches
Project Adventure offers coaches effective and innovative team leadership strategies. Coaches will come away with techniques to promote effective post-game reflection, methods for building team cohesion and positive culture, and communication strategies for all athletes to help them focus and improve their performance.

For Captains
Captains will work together to solve problems and face challenges that mirror common struggles of leadership while developing communication, relationship building, accountability, and collaboration. They will learn about themselves, their leadership styles, how to be more effective leaders for their teammates, and transferable skills beyond athletics to prepare them for work and life.

New Athlete Orientation

This orientation targets new students as they enter the athletics program and gives the school an opportunity to share its culture and values. Students will learn skills to prepare for balancing athletics with other life priorities and teach them healthy habits to prevent athlete burnout. Students will also build relationships, establish a sense of belonging, and build accountability, responsibility, perseverance, and communication skills, leading to better performance on the team and stronger sportsmanship.

Team Building - Creating Team Culture

Teams will learn better ways to communicate, trust each other, and reflect on their performance through an increasingly complex set of challenges. These skills will give them the “competitive edge” to use their talents together to collaborate, and continuously improve. Teams will participate in an active day coupled with reflection to help them develop self-awareness and resilience. The program allows for values-setting to build a culture within the team to promote performance and increase the longevity of players.

Multi-Year Programs

Annually improve the development of a team or an athletics program by reflecting on leadership changes, collaboration skills, performance challenges, and team culture. These programs are designed with us, the school, and off-site partners so teams can come back annually and build on their skills with different experiences each year.

Project Adventure designs the programs to meet your goals.